

5 Steps to Five



EXPLORE

READ

PLAY

TALK

NURTURE



Annual Report | 2022

DEAR FRIENDS OF 5 STEPS TO FIVE,

Welcome to our 2022 Annual Report!

We are excited to share the many good things that happened last year. In lots of ways, 2022 saw a joyful return to normalcy: no more mandatory masks, new families attending our programs, more classes and special events, a growing teaching staff, and a hugely successful fall luncheon.

But the year also brought sadness as we had to say good-bye to our founder Mary Alice Warner, who passed away in October. It was Mary Alice who had the vision for this program, recognizing the importance of supporting parents in their role as a baby's first and most important teacher. We are honored to carry on her legacy by being a trusted resource for parents seeking to give their child the best possible start to school and to life.



PROGRAMMING

In 2022, 5 Steps to Five families attended in-person classes both indoors at All Souls Community Center and outdoors at Lyon Park and the All Souls playground. Classes were divided into sections, with the younger group arriving early, and families of preschoolers joining for mid-morning sessions. Our maternity class and parents with newborns gathered in the Foundation Room. High school volunteers engaged the older siblings, offering them a fun and age-appropriate experience so that parents could focus on the youngest child.



Schuyler Warner distributed books and many household items from his parents Mary Alice and Kent to our families and staff.



Hispanic Heritage Month in the fall brought a lot of fun along with fabulous food, dancing and regional dress.



BOD member and Port Chester Police Officer, **Moises Ochoa**, came in uniform to introduce himself and share useful information about the work of the PCPD.

Bogotá-based literacy specialist, **Edward Bedoya**, presented reading workshops via Zoom.



In November, we celebrated **National Literacy Month**.

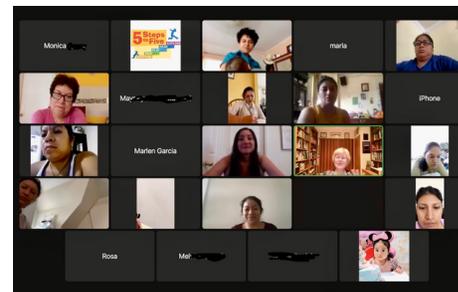
Thank you to **the Kantor family** for their donation of so many fantastic toys, which allowed us to hold a successful Toy Giveaway Day in June.



Pam Nathan and Ilaria St. Florian-Kruitzer hosted a special event for Halloween where families made mummy jars and turned healthy snacks into pumpkins and ghosts.



Rye Nature Center's NatureStation returned with its well-loved (by most) corn snake, "Popcorn".



In December, **Dr. Mary Versfelt** conducted a Zoom Q&A session focused on staying healthy throughout the cold, flu, and RSV season.



celebrando La Herencia Hispana
¡Ponte un traje típico de tu país!
24 DE SEPTIEMBRE | 10 A.M.

EXPLORANDO La Naturaleza
Una visita de Rye Nature Center Nature Station
17 DE SEPTIEMBRE | 10:15 A.M.

RUTINAS
10 DE SEPTIEMBRE
10:00 A.M.
LYON PARK

TALLER DE LECTURA INFANTIL
MIÉRCOLES, 25 DE MAYO
5 P.M. VÍA ZOOM
CON EDWARD BEDOYA

¿PREGUNTA A LA PEDIATRA!
Con Dr. Mary Versfelt, MD
llama Marcela 914-426-5299 para el enlace de Zoom
12 DE DICIEMBRE | 7 P.M.

GRATITUD
19 DE NOVIEMBRE | 10:15 A.M.

¿Por qué, papá?
CONSEJOS PARA ALIMENTAR LA CURIOSIDAD DE SU HIJO
30 DE AVRIL | 10:15 A.M.

el poder de la música
PARA DESARROLLAR EL CEREBRO
12 DE MARZO | 10:15 A.M.

HABLAR CON LOS NIÑOS
17 DE DICIEMBRE
10:15 A.M.

ZUMBA con Annmarie
25 DE JUNIO | 10 A.M.
LYON PARK
PARA PADRES E HIJOS

FIESTA DE PINTURA
6 DE AGOSTO | 10:15 A.M.

¡AY, ESAS RABIETAS!
Cómo ayudar nuestros

¡ÚNETE EN CASO DE QUE TE LO HAYAS PERDIDO!

comer un arco iris de frutas coloridas es bueno

Celebración de Navidad
10 DE DICIEMBRE | 10:15 A.M.
¡Recibe un regalo de

These posters represent a sampling of the topics that were covered in 2022. Each session had a theme linked to one of the Five steps: Nurture, Talk, Play, Read and Explore. We regularly brought in experts and volunteers to speak with our parents.



SPECIAL EVENTS

We continued to expand our offerings beyond our Saturday programming by introducing more weekday and evening classes, along with Zoom workshops. These sessions covered a diverse range of topics, such as nutrition and healthy snacking habits, helping older siblings adjust to a newborn in the household, the various factors that influence healthy brain development, or the advantages of reducing screen time.



Ann Magalhaes hosted an evening workshop welcoming new families to 5 Steps.



Ilaria St. Florian-Kruitzer led a Zoom workshop on Nutrition.



Carolina Ramon-Caro hosted a session focussed on the power of play in the early years.



Daytime classes provided opportunities for pregnant women to meet other expectant mothers and build new community.

EL CEREBRO:

Factores que afectan el crecimiento y desarrollo del cerebro

15 DE NOVIEMBRE | 10 A.M.
PARA PADRES Y SUS HIJOS DE 0 A 9 MESES
HABRÁ DESAYUNO



POR FAVOR RESERVAR
POR TEXTO AL NÚMERO 917-946-4904
LOS NIÑOS SON BIENVENIDOS

GRUPO DE MADRES EMBARAZADAS

Únete a nuestro nuevo grupo y comparte con otras madres, conoce más sobre nosotros "5 Steps to Five" y sobre todas las actividades y recursos que se ofrecen en nuestra comunidad.

All Souls Centro Comunitario
55 Parkway Drive, Port Chester
(Entrada principal calle Linden)

14 DE JULIO
10 A.M.

¡Habrá desayuno!
¡Los hermanos son bienvenidos!

Preguntas,
llama Marcela
914-426-5299



FOUNDERS' DAY AND 5 STEPS TO FIVE DAY



May was a month of special celebrations. First, we hosted 'Founders' Day' honoring **Kent and Mary Alice Warner** and **Allen Clark**. We presented the Founders' Award to those families who had attended more than 100 sessions.



5/25
IS
5 STEPS
TO FIVE
DAY

YES, COUNT ME IN!

Secondly, our organization declared May 25 **5 Steps to Five (5-2-5) Day!** To celebrate the momentous occasion, an anonymous supporter generously offered to match donations up to \$25,525. Thanks to many donors old and new, it was a huge success.



STAFF



Marcela Kissner, our Community Worker, was recognized by the Carver Center in October at their Hispanic Heritage Celebration Luncheon. She and Port Chester Mayor Luis Marino were presented with awards for their efforts on behalf of the community.



Alexandra Tapicha was hired as our new Program Administrator, helping us to expand our programming by teaching new weekday classes. Alexandra is originally from Colombia and has extensive educational experience.



Our staff continues to be our greatest asset. In 2022 we were fortunate to retain every one of our employees, and we also welcomed a new member to our team!

“ I ENJOY EXPLAINING TO THE MOTHERS HOW IMPORTANT THE PROGRAM IS BECAUSE IT TEACHES HOW CHILDREN DEVELOP A STRONG AND HEALTHY BRAIN SINCE BIRTH. I ALSO EXPLAIN HOW OUR PROGRAM HELPS THE CHILDREN GAIN SKILLS AND SOCIALIZATION TO BE READY FOR KINDERGARTEN. I LOVE AND FEEL VERY HAPPY WHEN I GO TO THE HOMES OF THE FAMILIES TO GIVE THEM DIAPERS AND CLOTHES.

- MARCELA KISSNER



“ I LOVE WORKING HERE BECAUSE IT IS IMPORTANT TO EDUCATE THE COMMUNITY ABOUT THE 5 STEPS IN DEVELOPMENT OF THE BRAIN AND GROWTH. I LOVE WORKING WITH A COMPLETELY DIFFERENT POPULATION. MY FAVORITE MEMORY IS CELEBRATING MULTICULTURAL DAY WHERE EVERYONE SHARED AND BROUGHT FOOD FROM THEIR CULTURE.

- CAROLINA RAMON-CARO



INTERNS AND VOLUNTEERS



Members of the Board of Directors continued to support us with everything from conducting workshops to organizing book giveaways. **Emily Borell's** children were terrific assistants!

Jane Mickatavage and her amazing team of extraordinary knitters and crocheters donated gorgeously handmade mittens, blankets, and hats for our families.



For the fifth year in a row, **Milton School families** provided holiday gifts for our students. 5th graders and parent volunteers wrapped all the gifts.



We were grateful to participate in the Rye High School Senior Internship Program again this year. **Dylan Snyder** helped us with a variety of special projects.

Holy Child senior **Yudelkis Cueva** and Regis sophomore **Eoin Hartigan** worked remotely on translations, and also helped us update our database.

Thank you to all our interns and volunteers. We are tremendously grateful for your help and generosity!



Holy Child volunteers came in on several occasions and helped to organize the storage areas.

Lily O'Connor (left) joined **Lily Mann** (right) as RHS student interns through the school year. "The Lilies" were extraordinarily helpful.



Bill Belleville returned as our Dancing Santa for this year's holiday toy give away!



COMMUNITY PARTNERSHIPS



Open Door Medical Center provided our families with a lot of critical information, from how to get boosters to how COVID affects young children. In addition, they donated backpacks for our students entering preschool.



Rye Presbyterian Church



We are grateful to **Rye Presbyterian Church** for providing our organization with a beautiful and well-equipped home at All Souls Community Center. Our families also enjoyed **Port Chester Recreation Department's** Lyon Park, ideally situated across the street from the center.

The Sharing Shelf

When Marcela, our family worker, identified families in need of clothing, **The Sharing Shelf** unfailingly met these needs and assembled the items for us to distribute.



WIC provided us with informative materials and flyers for new moms, and helped promote our programs by distributing information in their baby bags.

With the help of a grant from the Christ Church Youth Grantmaking Board, **Volunteer NY** supplied books and "emotion" themed packets.



Rye Nature Center's Nature Station thrilled students and parents alike with their experiential mobile truck.

914Cares



We continued to receive diapers and personal hygiene products from **914Cares**.



Blue Heart Forever, a weekly bilingual support group for special education parents in Port Chester, was founded by a 5 Steps parent and meets regularly at All Souls.

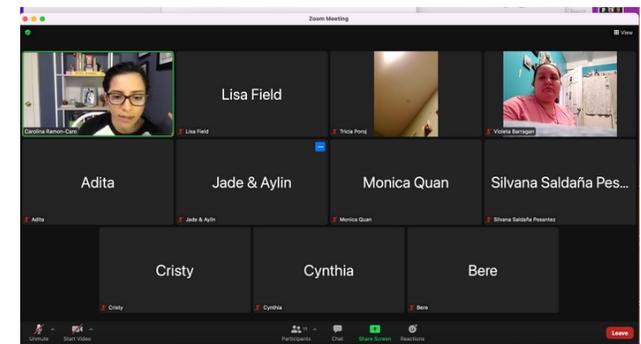


ATTENDANCE

2022 saw a return to stronger and more consistent attendance. The number of so-called 'touches', i.e. times we reached a family with one of our parenting programs, was 1439. The total number of sessions conducted in 2022 was 57, a 24% increase from 2021. In addition to our regular Saturday morning sessions, we introduced in-person weekday classes and offered more themed weeknight Zoom sessions. We also benefitted from an increased number of special partnership events with other local nonprofit organizations. For example, the Rye Nature Center visit in September pulled in 20 new families who had not attended a 5 Steps to Five program before. We were also pleased to see a marked increase in the numbers of dads joining our classes.



We are fortunate to be located across from Lyon Park's pavilion, which enables us to host larger outdoor events during the summer.



One of our mothers moved back to her home country of El Salvador and continues to attend most of our virtual programs remotely.



On Founders Day, we celebrated the many families who have attended our program 100 (or more) times.



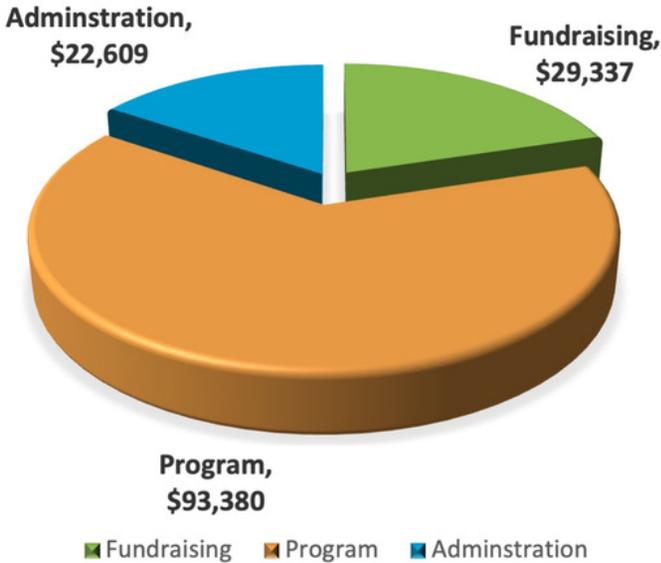
FINANCIAL RESULTS

5 Steps to Five continued to experience robust financial health in 2022. The 5/25 Day Campaign as well as our in-person fall luncheon helped put us on strong financial footing, and the response to our year-end Annual Appeal was also positive. Our current financial position allows us flexibility as we look to the future.

Expenditures

Overall expenditures increased slightly over 2021 due to increased weekday and evening programming requiring additional staff hours, as well as some line item increases due to higher costs of program materials.

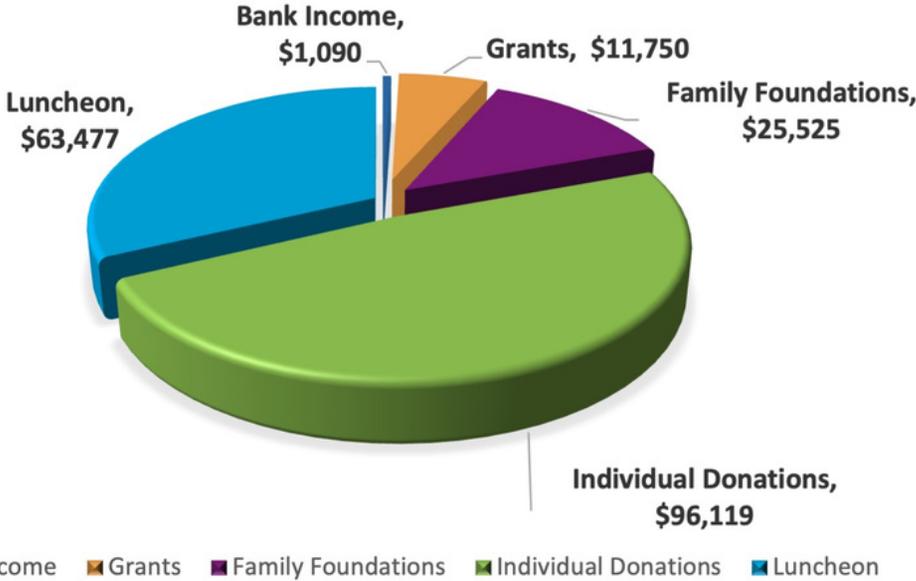
2022 EXPENDITURES: TOTAL \$145,326



Revenue

2022 revenue totaled \$197,126. We added more than 100 first-time donors, many of whom came to us through our fall luncheon.

2022 REVENUE: TOTAL \$197,126



FALL LUNCHEON



5 STEPS TO FIVE LUNCHEON
SEPTEMBER 15, 2022

We were thrilled to be able to host our fall luncheon on a gorgeous September day at beautiful American Yacht Club. We loved seeing so many new (and also, so many familiar) faces, and to be able to share our passion for our work. Thank you to everyone who attended!



Ilaria St. Florian-Kruijtzter and Pam Nathan were our fantastic event chair duo who gave us beautiful decorations, a lovely video, and a wildly successful Bingo game.



Our very own **Doctor Mary** charmingly and eloquently explained the urgency behind our mission.

“**THESE KIDS HAVE NO TIME TO WASTE.**

-DR MARY VERSFELT

A special THANK YOU to **Jo Bryan, Emily Fung, Sonali Laschever, Ann Magalhaes, Annabel Monaghan, and Sally Tobin** for their generous contributions to our silent auction!



BOARD NEWS

In 2022, 5 Steps to Five's Board of Directors continued its work to ensure the financial stability of the organization, to support the staff and the families in our care, and to advance our mission.

We initiated a new fundraiser in the spring: May 25 is now 5 Steps to Five day, and a generous matching challenge put us in a good financial position early. That allowed us to envision our fall luncheon as a strategic 'friendraiser', with a focus on reaching new supporters and sharing the importance of our mission. We are grateful to board member **Iliaria St. Florian-Kruijtzer** and her talented friend **Pam Nathan** for chairing the hugely successful event, and to brand-new Director and retired pediatrician, **Dr. Mary Versfelt**, for being a terrific and thoroughly convincing keynote speaker.

In addition to Doctor Mary, the board also welcomed two more Directors: **Moises Ochoa**, a law enforcement officer in Port Chester, and **Dr. Kiren Patel**, an orthodontist with extensive experience working with the Spanish-speaking population in the Bronx. Both have already presented to our classes, allowing us to offer even more important and useful information to the families.

We reluctantly accepted founder **Allen Clark's** resignation from the board. His passion for the cause and intense focus on our mission will be missed. **Mary Alice Warner's** death in October was a great loss for the board and the organization.

The board would like to recognize Executive Director **Lisa Field**, Associate Director **Melissa Belleville**, and the entire staff for their tremendous work on behalf of the families we serve. Thank you also to our landlord, **Rye Presbyterian Church** for their support of our programs. The board is committed to growing and expanding the organization to reach even more families in 2023.

A PARENT IS A CHILD'S FIRST AND MOST IMPORTANT TEACHER. OUR MISSION IS TO BE A TRUSTED RESOURCE FOR PARENTS SEEKING TO GIVE THEIR CHILD THE BEST POSSIBLE START TO SCHOOL AND TO LIFE.

2022 Board of Directors

Kristin Jautz, President
Ann Magalhaes, CPE, Vice President
Betsy Buttrill White, Treasurer
Nicole Colwell, Secretary
Allen Clark, Founder

Emily Borell
Carolee Brakewood
Rachel Fleming, OTR/L
Lori Haffey
Carolyn Mauritz
Moises Ochoa
Kiren Patel, DDS
Iliaria St. Florian-Kruijtzer, CDN
Mary Versfelt, MD

Kent Warner,
Director Emeritus
Mary Alice Warner,
Director Emeritus

Lisa Field,
Executive Director
Melissa Belleville,
Associate Director

Community Advisors:
Elsy González
Robin Jovanovich
Molly Ness, PhD



THE YEAR IN PHOTOS



IN MEMORIAM MARY ALICE WARNER 1930 - 2022



We were deeply saddened by the passing of our beloved founder, **Mary Alice Warner**. While small in stature, Mary Alice was a giant fighting for our cause: to support parents seeking to nurture their baby's brain development. Without her vision, skill, compassion, and determination, this organization would not exist. The families, staff, and board of 5 Steps to Five are forever in her debt, and she will be missed.

A WARM THANK YOU TO OUR GENEROUS 2022 DONORS

Step 5 \$25,000+

Emily Grant

Step 4 \$10,000 - \$24,999

Anonymous

Giovanella & Edward Dunn

E. Olivia & Oskar Lewnowski

Gabby & Don McCree

Step 3 \$5,000-\$9,999

Susan & Frank Brown

Kristin & Ken Jautz

Fanny and Svante Knistrom

Foundation

Rye Presbyterian Church Women's

Association and Mission and

Outreach Committee

Mary & David Versfelt

Scott F. Warner

Betsy Buttrill White

Step 2 \$1,000-\$4,999

Laura & Michael Aronstein

Emily & Jon Borell

Merilee & Roy Bostock

Whitney & Allen Clark

Nicole & Marcus Colwell

The Glickenhau Foundation

Lori & Pat Haffey

Kelsey Johnson

Amanda & Kevin Kavanagh

Pamela Kindler

Ilaria St. Florian-Kruijtzter & Maarten

Kruijtzter

Julia & Terry McCartney

Victoria & Christopher Meier

Katherine Moore

Young Kim & Tim Mueller

Emilie Murphy & Byron Nimocks

Kiren & Biraj Patel

Sandy & Joe Samberg

Mimi Shea

Emily Tisdale

Sally & John Tobin

Tracy & Chris Turner

Mary Alice & Kent Warner

Step 1 \$500 - \$999

Anonymous

Elizabeth & Robert Alexander

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Jodi McGill

The McGraw Foundation

Amber Nee

The Schaupp Family

Spiral Giving

Katherine Vernace

Chris & Susan Versfelt

Michelle & Burt Weiss



CONTINUED THANKS

Friends Up to \$499

Margaret Arquit & Bill Blake
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Tina Exarhos & Allie Eberhardt
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Jennifer & Scot Stevens
Sally & John Tobin
Birgit & Dan Townley

Supporters Up to \$249

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Liz Ahrens
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Lisa & Rob Field
Danielle Forster
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Katie Gahagan
Eliza Gambino
Elisabeth Gilbert
Frances Ginsberg
Lorraine Godfrey
Bernice Hall
Nancy Haneman
Jeannie & Barrie Hedge
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Krysta Holland
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Cynthia Howard
Nina & Sol Hurwitz
Maggie Jahn
Sharon & Ron Jautz
Jamie & Paul Jensen
Sheri & Mike Jordan
Anna Julien
Lisa & Todd Kantor
Linda Kattekamp &
Saul Van Beurden

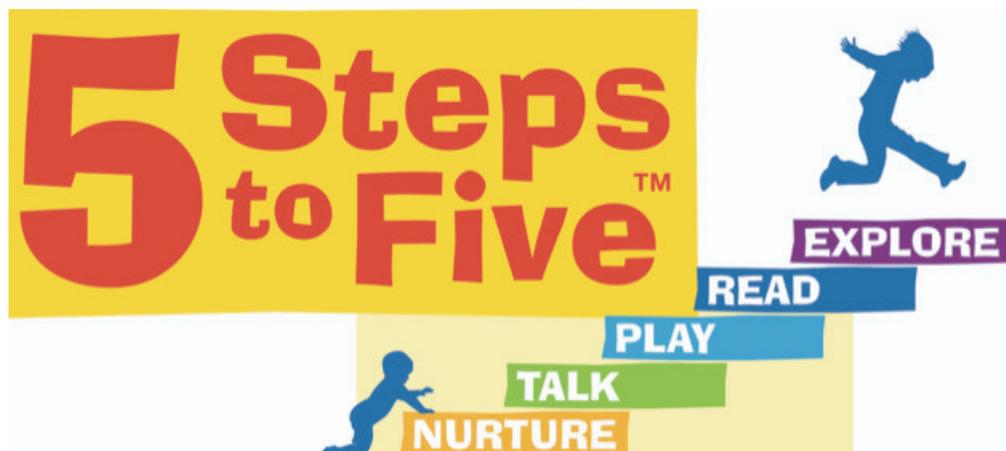
CONTINUED THANKS

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Holly & Hal Kennedy
Lisa & Toby King
Nora Kirk
Mary Jane & Jeff Kupsky
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Lindsay Timlin
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William Versfelt & Laura Solecki
Amy Vijayanagar
Caroline Teasdale Walker
Barbara & Alfred Wallach
Jane Waluch
Claire Weschler
Daryl Woolsey
Debbie & Martin Zingg





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www.5stepstofive.org

To donate, visit our website or
mail a check to
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PO Box 923, Rye, NY 10580

For more information or to get
involved, please email
Lisa Field, Executive Director
lpfield@5stepstofive.org

